

XXXV Memorial Paolo D'Aloja

16-18 Aprile 2021

COVID-19 RESPONSE PLAN

At 08030221

1. INTRODUCTION

- At the moment the epidemiological situation in Piediluco is under control. Regione Umbria has different situation in different municipalities. Obviously, the situation evolves and changes rapidly. The vaccination campaign that has now been launched will help to mitigate the risk of contagion.

The Italian Government has divided the country into three risk areas, highlighted by three different colours (yellow – low risk; orange – medium risk; red – high risk) based on 21 parameters monitored by the national Health Authority. Depending on the colour/risk, travel, schools, commercial activities, etc. may be allowed or not.

In any case high-level sports activity, international and national sports events of national interest are allowed with the rigorous application of the current Covid-19 protocols. At present the above mentioned national and international events are authorised only without the presence of the public and spectators.

Each Team is responsible to exercise maximum care for its team members before, during and after the event. All participants must follow the measures in the OC covid-19 Protection Plan at all times, including the wearing of masks at all times except in the boat, on an ergometer or at meals, social distancing and regular disinfection, among the other measures published by the OC.

Please note that for participation in these sports competitions entry into Italy is allowed for athletes, coaches, and accompanying staff who, in the fourteen previous days have stayed in or transited in foreign countries, including countries from which entry into Italy is prohibited, under the certain conditions, such as fulfillment of some mandatory declarations, including reason for moving for the participation to the sport competition, certification of having taken in the 48 hours prior to entry into Italian territory, a PCR or antigenic test with a negative result.

2. LOCAL GOVERNMENT / PUBLIC HEALTH GUIDELINES

- All the latest relevant information about the Covid-19 regulations can be found here: <https://www.iss.it/en/web/iss-en/iss-for-covid19>
- Information on travel restrictions can be found here: <https://www.esteri.it/mae/en/ministero/normativaonline/decreto-iorestoacasa-domande-frequenti/focus-cittadini-italiani-in-rientro-dall-estero-e-cittadini-stranieri-in-italia.html>
and here: https://infocovid.viaggiasesicuri.it/index_en.html

Event organising committees are required to adopt, in close correlation with the local health authorities, specific operational protocols containing details of the measures adopted to protect their staff, operators, athletes and participants in the event of any risk of contagion.

The operational protocol of the Organising Committee is subject to change and addition based on instructions and guidelines issued by the ministerial or regional Authorities.

The main actions that must be taken to ensure that sports events are carried out safely in accordance with governmental guidelines, are the following:

- a) Always wear a mask during the entire time spent in the event area and use protective gloves where necessary.
 - b) Wash hands with soap and water for at least 30 seconds or, if not possible use hand sanitiser gel or disinfectant.
 - c) Avoid touching eyes, nose and mouth.
 - d) Using correct hygiene for coughs and sneezing (use of disposable tissues).
 - e) Keep a safe distance (not less than 1.5m) and avoid hugs and handshakes.
 - f) Avoid gatherings as much as possible to prevent potential risk situations.
 - g) In the event of a body temperature of 37,5°C or above, or flu symptoms that could be related to Covid-19 infection, stay home, and promptly notify the Organising Committee for the necessary containment measure to be taken.
 - h) The team manager is required to measure the temperature of the whole team every day before arriving at the competition venue and deliver to the covid manager of the event a sheet in which the measurements taken are recorded
 - i) If symptoms appear after entry to the event area, notify the Team Doctor immediately to assess isolation and activation of the necessary measures.
 - j) Disinfect all personal sports equipment frequently.
 - k) Disinfect, before and after use, sports equipment made available to all Athletes by the Organising Committee
 - l) Do not swap personal effects or items.
- In addition to the use of masks with CE mark or validated by the National Institute of Health (art. 15 D.L. n° 18/2020 or, art 1 comma 6 of DPCM 24/10/2020), disposable or washable self-produced masks with multiple layers suitable to provide adequate protection against contagion, may be worn. The use of surgical and FFP2/N95 masks is preferable. The use of masks with valve/filter are not permitted.
 - Repeated failure to comply with the above rules may lead to the removal of the person in question from the event area.

3. CONTACT INFORMATION

- OC Covid Officer: : [Marina Crisostomi](#);
Email: marinacris08@gmail.com

4. GENERAL MEASURES AT THE REGATTA VENUE

- The Regatta Venue will be closed to the public. Access will be permitted only to accredited participants and those working with the Organisers. The OC will organise frequent sanitisation of the spaces used. Toilets will be available throughout the area and will be disinfected frequently during the day.
- All participants including the workforce must wear a mask that covers nose and mouth, at all times.
- The Regatta Venue is divided into the following areas, inside which all rules and measures must be respected:
 - Boat House Area – boat park and operational and technical services connected to the regatta
 - Finish Area
 - Race Course

The above areas will be supervised. As the event takes place mainly outdoors, there are no restrictions on the number of participants.

- Athletes, technical staff, members of the Jury, Team staff, representatives of foreign Media, who have stayed or passed through countries or states in lists C, D and E of attachment 20 of DPCM dated 02/03/2021 and valid until 06/04/2021, may enter Italy with a negative molecular or anti-genic swab test taken within 48 hours prior to arrival. The above lists can be found here:
<http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto>

5. ACCREDITATION & ACCESS TO THE EVENT

- All participants, including athletes, coaches, volunteers, contractors, workforce and staff of the International Federation, must be accredited for the event.
- A registration into the system entry.canottaggio.net will be mandatory for all team members (including rowers, coaches, head delegation, team manager, staff). The registration allows to issue a digital code (QR Code) to be read with smartphone, tablet or PC with cameras, that will make simple and secure to identify the Team member. **The QR Code image will be used as accreditation for access to the venue** and for any other identification purpose (for rowers access to the pontoons or weight control).
- All accredited participants, OC staff, Volunteers, Local Authorities, local guests, suppliers, service providers, maintenance technicians, etc. will be asked to complete the appropriate Self-declaration Health form before entering the Venue
- The name and surname of each accredited person will be printed on the accreditation pass. Photos are not required.
- All access points to the Venue will be manned by specially trained personnel. Accreditation passes will have a QR Code that, via dedicated software, will detect real-time access and exit from the event area as well as providing instant information for monitoring attendance, favouring contact tracing.

- The body temperature, which must not exceed 37.5° using infrared thermometers, promptly informing the Team Doctor of any suspected cases who will measure the temperature using a traditional thermometer. Particular attention must be paid to measuring the temperature in hot periods due to the body's ability to increase its heat emission due to exposure to the sun, therefore in these cases the measurement may be repeated at different times.
- All entrances will be equipped with signs indicating all the necessary information on the rules to be respected (as described in the individual provisions) and stations for hand sanitising with gel or disinfectant solution.
- Further signs will be placed in all areas and along the walkways within the Venue.
- Hand sanitising stations with gel or disinfection solution will be positioned throughout the communal areas and areas where further sanitisation is required.
- A surveillance service will be provided to monitor the application of individual provisions.
- The accredited cleaning company must follow all the rules and provisions described for the containment of contagion from Covid-19. The cleaning company accredited for the disinfection and sanitisation must follow the provisions indicated in the "Circolare Ministeriale" (Ministry of Health communication) dated 22/05/2020.
- Gel or solutions used for disinfection and sanitisation must adhere to the authorised product requirements, as indicated in the National Health Institute report "ISS COVID-19 n° 19/2020".

6. COMPETITION AREAS

- **Control Commission**
All persons and Staff at the "Control Commission" must wear a protective mask. Everyone must keep a safe distance of at least 1.5m.
- **Boating Pontoons**
The boating pontoons will be sanitised frequently during the day. Only athletes and strictly necessary persons will be able to access the pontoons. No personal items are to be left on the pontoons. Athletes may remove their masks only when they are in the boats and they have left the pontoons. It is absolutely forbidden to gather in groups on the pontoons or in the adjacent areas during training and racing.
- **Race Course**
During racing, training, warm-up, and cool-down there are no substantial differences in respecting the established rules.
 - Opening hours will be organised to reduce the simultaneous presence of all participants and to allow for daily cleaning work to be carried out.

7. TEAM / ATHLETE FACILITIES & SERVICES

In the Athletes' area and connected areas separated, one-way systems will be put in place. At the entrance of permanent and temporary structures, the maximum capacity allowed will be indicated and volunteers will monitor access and numbers.

Where possible doors will be kept open to avoid frequent contact with hands.

- **Accreditation - Team Registration – Information Centre**

Only one person, delegated by the Team, can enter the Centre at one time, except for those who need to be accompanied. A sign will be placed outside the Centre showing the maximum number of people allowed inside at the same time based on the size of the structure. Volunteers will monitor access and numbers. Plexiglass dividers will be placed to separate Volunteers and operators from Team delegates and hand sanitisers will be available.

- **Boat racking**

Boat racking will be assigned by Nation especially in the case of large teams, in order to limit contact between Athletes of different Nations. Handling of boats must take place respecting safe distancing and the established one-way systems. OC personnel will monitor the area to ensure correct movement avoiding gatherings.

- **Bag Drop**

Bag Drop will be NOT available

- **Athlete Weighing**

Only one crew will be allowed in the waiting area at a time. Only one athlete at a time can access the room where the scales are located. Plexiglass panels will be installed to separate athletes, umpires, and volunteers. The scales will be sanitised after each use. If athletes undress before being weighed, all items of clothing must be placed inside a plastic bag. The OC can provide single use plastic bags that must be disposed of by the athlete after use.

- **Boat Weighing**

A temporary open structure with removable sides will be used. Only one crew will be allowed in the waiting area at a time and one crew at a time will be allowed to enter inside the Boat Weighing tent via a one-way system. Plexiglass panels will be installed to separate the umpire's desk; athletes and volunteers must respect safe distancing. The scales and printer will be sanitised regularly.

- **Showers / Toilets / Changing Rooms**

Hand sanitiser will be provided for use before and after using the Toilets. Frequent disinfection and sanitisation will be carried out and a checklist at the entrance will indicate the services completed.

The showers will be closed and not available for use except in exceptional cases authorised by the President of the Jury and the Covid Officer or, when a specific request to the OC Covid Officer is authorised, for Teams going to the airport straight after racing. Changing rooms will be available exclusively for Athletes competing in races. At the entrance, a sign will indicate the maximum number of persons that can access the structure according to the rules of safe distancing and volunteers will monitor access and numbers. The current maximum number permitted at any one time is 15 men and 14 women in their respective changing rooms. No clothing or personal items must be left in the changing rooms at any time. Each athlete must store their clothes in a personal bag that must be stored in the Bag Drop or in the Team tent and collected at the end of racing or training

- a. Dispensers with sanitising gel and disinfectant will be available for hands and surfaces.
- b. Sufficient ventilation will be guaranteed.

- c. The changing rooms will be disinfected regularly and sanitised at the end of the day. Frequent disinfection and sanitisation will be carried out and a checklist at the entrance will indicate the services completed.

- **Warm up ergos and gym**

Ergos will be in the dedicated open tent with removable side, for the exclusive use of the Athletes. They will be positioned 2m apart to ensure safe distance between athletes. Each athlete must disinfect the equipment before and after use. Staff will be present to ensure this is done or to be in charge of disinfecting the equipment. A temporary structure could be provided outside depending on the final number of participants to increase the distance between athletes.

As in other areas, frequent disinfection and sanitisation will be carried out and a checklist at the entrance will indicate the services completed.

Teams may bring their own equipment but only if it is used inside the respective Team tent and the Team is responsible for the frequent sanitisation of the equipment.

- **Team Tents**

The position of each team tent will be assigned based on the number of Athletes in each Team with the objective to guarantee safe distance between Teams. Teams are responsible for their tents and must ensure correct disinfection regularly every day.

No team ice baths will be provided or allowed at the venue

Athletes must wear masks, use hand sanitiser, and keep a safe distance of at least 1.5m.

At the end of each session the Athletes will be responsible for sanitising all the equipment used.

- **Athletes and Coaches viewing area – Grandstands**

Everyone must wear a mask, use hand sanitiser regularly and keep a safe distance.

- **Recommendations for Teams**

Daily screening should be carried out by the Team Doctor or Team medical staff. The OC recommend checking the body temperature of all members of the team using a contactless infrared thermometer. Measurements of all the team members must be delivered daily to the covid manager. In the event of flu or fever symptoms or a temperature over 37.5°C the person concerned must be isolated from the rest of the group and the team must inform the OC Covid Officer immediately.

8. MEDIA AND BROADCAST

- **Photographers & Photo Positions**

Safe distancing must be guaranteed for the positions for Photographers

- **Mixed Zone / Media Access to Boat House Area**

Media are not permitted to enter the Athletes' waiting area or victory ceremony area. Opportunities for interviews and photographs with athletes in the Boat House Area may be possible only by appointment co-ordinated by the OC Covid Officer.

- **Victory Ceremony protocols**

In accordance with the current situation the Victory Ceremony will be "Contactless"

- a. 1 table on the Victory Ceremony stage with a tray on each for medals and gifts.

- b. All athletes must wear a mask except during official crew photographs.
- c. Athletes will walk in line from the waiting area at a safe distance from each other and stand behind their respective medal table in front of the backdrop.
- d. No medal presenters will take part in the ceremony but may stand to the side of the Victory Ceremony stage
- e. Athletes will collect their own medals from the trays on the tables, when the athlete name is announced.

9. ITALIAN FEDERATION (INCLUDING TOs)

- The same general rules are applicable to all Italian Rowing representatives including all members of the Jury, service providers and any other operator connected to IRF. In addition, they must be accredited and provide the necessary Covid-19 documentation and have their temperature measured when accessing the Venue.
- Work spaces will be organised according to the maximum number of people permitted based on the surface area in square metres of each work area and it will not be possible to change the layout

10. SPECTATORS, VIPS & HOSPITALITY

- According to the current provisions, the event will take place without the presence of the public. The presence of Authorities, VIPs and Guests must comply with the general rules for reducing the spread of the Coronavirus infection. The grandstand and reception areas will be organised taking into account all the necessary precautions particularly in keeping a safe distance between people. Hospitality will only be organised if the maximum health and safety measures can be guaranteed.

If, based on the conditions at the time, the Authorities authorise the presence of the public the following rules would apply and must be observed. Should this be the case then members of the public will also be required to be accredited and issued with a pass. This represents the highest risk area (medium – high): the place where there is the presence of people from outside the environment of the event area. All those present must follow the rules.

1. Health screening for everyone at the entrance.
2. Posters to be displayed in all areas showing individual behavioural rules to be followed.
3. Dispensers for hand sanitising gel.
4. One-way routes for people to follow in all areas.
5. Reduce to a minimum large groups and gatherings.
6. Minimise the number of people inside the various areas.
7. Everybody must wear a mask and sanitise their hand frequently.
8. Any person non respecting the anti Covid-19 measures may be asked to leave and have the accreditation pass removed.
9. People will not be allowed to pass from one zone to another without a valid reason.
10. All tables, chairs, toilets must be regularly disinfected and sanitised, and a record kept on the checklist at the entrance to each structure, by the cleaning company.
11. If there are grandstand seating must respect the distance of 1.5m between seats, masks must be worn, and it will not be permitted to move from one zone to another.
12. Any catering area will be set up according to the relevant legislation for this sector regarding anti Covid-19 provisions.

11. ORGANISING COMMITTEE STAFF AND VOLUNTEERS

- The same general rules are applicable to all members of Staff of the OC and Volunteers, and they will all have to provide the necessary self-declaration health questionnaire. They must have their accreditation pass on display at all times and strictly respect their assigned roles, areas of work and shifts. Unless there are proven exceptional reasons discussed with the OC Covid Officer, it is not permitted to change roles or work areas.

12. LOGISTICS, MEETINGS AND SOCIAL ACTIVITIES

- **Accommodation**

For safety reasons, all Teams must stay at one of the OC official hotels where the Covid-19 Plan is applied. Therefore, all accommodation bookings must be made only through the OC. This will ensure that all participants follow the same protocols and routine. The OC will ask hotels to reserve additional rooms in case it is necessary to isolate any guests tested positive for Covid-19 or have Covid-19 symptoms.

Where it is not possible to accommodate one Team per hotel, in large hotels or with small Teams, all measures will be taken to ensure that the hotels observe the current provisions required by the Italian Health Authority.

Athletes from the same crew should share the same room avoiding sharing with athletes from different crews.

- **Transport**

Transfers to and from the Airport and local transport between hotels and the Venue will follow the same rules and it is obligatory to always wear a mask when travelling on board the vehicles.

The OC will organise individual transport with the same vehicle and driver for each Team to limit as much as possible interpersonal exchanges. In the case of Teams with a limited number of participants, collective transport will be provided – again with the same vehicle and driver for these Teams – in full compliance with the national regulations for transport and ensuring the separation between the Teams within the vehicle.

Teams will be required to book their transport for the next day avoiding, as much as possible, changes to the timetable and the number of people which in any case must not exceed the maximum number allowed on each vehicle. Access will be controlled by OC Staff. Passengers must not occupy the seat adjacent to one already occupied by another passenger.

All contact points (handles, handrails, armrest, etc.) will be regularly cleaned and sanitised daily.

Teams may arrange their own transport using their own or hired vehicles; however, they will be fully responsible for their disinfection and sanitisation and respect the interpersonal distance on board. The OC will provide information on the relevant national regulations upon request.

- **Catering Areas**

Teams will have lunch and dinner at their hotels. Food services will be available at the venue only at the bar organised in a permanent structure which will be planned to ensure safe interpersonal distance.

Meals at the venue will be served only for staff and umpires in sealed single portion containers to guarantee the maximum hygiene. Self-service is not permitted for food or drinks.

During meals, the participants must maintain a minimum distance of 1m.

Operational staff and Volunteers will be able to have lunch according to a strict timetable based on the shifts of the various groups working in the Venue.

OC Staff will control access to the catering areas to avoid gatherings.

- **Team Managers Meeting**

The Team Managers Meeting and other meetings with Team Officials will be held virtually and broadcast via streaming unless decided otherwise during the event.

- **Ceremonies and Social Functions**

Opening and Closing Ceremonies will not be organised.

Media and Jury outings will not be held.

There will not be a Nations Dinner.

13. REPORTING AND COMMUNICATIONS

OC will work on the specific reporting procedures and requirements for each event to develop the Crisis Management and Communications Protocol documents.

The following are the protocols that must be followed:

- **Pre-Event**

- **During-Event**

The Covid Officer will identify a space in the Venue, that can be used for isolation for any persons showing Covid-19 symptoms during the event and will determine all the necessary procedures to ensure rapid medical assistance.

Any person showing a temperature of 37.5°C or higher or any suspected symptoms or concerns within their teams must immediately avoid any close contact with others and report the situation by telephone or WhatsApp message to the OC. Medical staff present at the Venue will deal with any positive or suspected positive cases and adopt the emergency protocols.

The following is the process that must be followed:

1. Initial Report from:
 - a. Hotel (before coming to the regatta venue) of a person showing covid-19 symptoms from team doctor or team manager to OC Medical Team / OC Covid Officer.
 - b. Temperature Check at the Hotel taken by the Team Medical Doctor or Team Manager.
 - c. Reports of symptoms or feeling unwell with in a team.
2. OC Medical Team to immediately take appropriate preventative actions with the patient, as per the OC's Covid response plan.
3. OC Medical Team to inform OC and Covid manager
4. Covid Manager to manage actions and prepare communications.
5. Notify all stakeholders of agreed communications.
6. Issue statement to media and monitor media.

Any event statements will be issued on www.memorialdaloja.org shared directly with Team Managers and any Media who are present at the event and shared on official social media channels where appropriate:

- **Post-Event**

If any of the participants, after the end of the event and within 14 days of their return home, show any Covid-19 related symptoms or receive a positive test result the following points must be observed:

- a. Follow the current local Health Authority protocols
- b. Immediately inform the event Organising Committee and Italina Rowing by email to the OC Covid Officer.
- c. Any participant of the event who test positive will be required to provide full details of their movements and contacts with other people during the event.

The Organising Committee will take the appropriate actions to contact and inform all those that have been in direct contact with the person tested positive. They will be encouraged to self-isolate immediately, test for Covid-19 and inform the local authorities and their contacts to avoid/limit the spread of the virus in their country.

To mitigate the risks of contagion, at the end of the event, the Organising Committee recommends that all participants be tested for Covid-19 prior to their return to their respective countries.

14. ADDITIONAL INFORMATION OR MEASURES

- **Para rowing classification**

N/A

- **Doping Control procedures**

Doping Control procedures will be carried out as planned according to all the current general health measures and allow for one athlete to be checked at a time. The waiting area will be large enough to guarantee safe interpersonal distance between the athletes, and to maintain privacy while awaiting to be tested.

- **Covid-19 test**

The OC will provide all the necessary information and instructions regarding Covid-19 tests. The OC will confirm if it will be possible to carry out tests directly at the Venue.